

WELCOME TO SWING FLING!

We are excited to share this experience with you! Here are some tips & reminders:

- You need your wristband all weekend to get into the event space. Don't take it off!
- Tables are labeled to help you find people from your local area or other special groups such as "newcomers." Seating is shared and may not be reserved; please keep belongings off the chairs. You are welcome to sit on the dance floor or stand during performances for the best views. Carpeted areas must remain clear for traffic flow.
- Workshop presenters will invite participants to record a brief summary for personal use only at the end of each class. Video recording is also welcome during all contests. If you share contest videos online, please tag "Swing Fling 2018" in the description. Social dancing should be recorded only sparingly and with willing participants; please ask for permission from the dancers shown before posting social dance videos online.
- Please be prompt for workshops. To ensure the best experience for all late entry is not allowed.
- Hotel policy prohibits outside food or beverages in the ballroom. No tripods or extension cords in the ballroom.
- Lost & Found items will be held at the registration desk through 5pm Sunday. After that contact hotel directly.
- Watch Dance Jam TV LIVE on channel 65 in your guest room or online at DanceJamTV.com!



Contest Deadlines - If you pre-registered, you must pick up your competitor number before these deadlines:

ProAm Friday 1pm; Strictly Swing Friday 6pm; Saturday 11am for all remaining contests.



Competitors must also check in at the staging area 15 minutes before your contest begins.

Private Lessons - A list of pro staff available for private lessons is posted here: bit.do/SwingFling18lessons

	<p>DCSX (DC Swing eXperience) Nov 15-18, 2018 Hyatt Regency Dulles</p>		<p>MADjam (Mid Atlantic Dance Jam) Feb 28 – Mar 3, 2019 Baltimore Waterfront Marriott</p>		<p>SWING FLING Aug 8-11, 2019 Hyatt Regency Dulles</p>
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THURSDAY Registration opens at 6pm.					
	Luray Ballroom	Cirrus BCD			
8pm	"Kick It Off" (L2/3) PJ & Tashina	"WCS 101" an introduction to West Coast Swing (L0) Patty Vo			
9pm	West Coast Swing Party till dawn!	\$15 or included with your pass			
		"WCS 101" dancing practice 10-10:30 (all welcome)			
FRIDAY Registration opens at 10am. 1pm ProAm entry deadline. 6pm Strictly Swing entry deadline.					
	Luray Ballroom	Cirrus BCD	Cirrus A	Chesapeake Boardroom	
11am	"Shine" (L2/3) Stacy & Hugo	AWARDS immediately following each contest!	-Separately Ticketed Session- Robert Royston		
noon	"Rhythm Changes" (L2/3) Gary & Susan		"Elements of Musicality in West Coast Swing"		
1pm	"Better Basics" (L2/3) Lemery & Greg	"Ways to Get Good" (L3) Stephen White	Break & Discussion		Discussion: Dance Photography & Taking Great Pictures
2pm	ProAm Strictly Leaders: Novice, Intermediate Followers: Novice, Intermediate	"Solo Footwork Drills" (All) Patty Vo	-Separately Ticketed Session- Gary & Susan		
3pm	ProAm Jack & Jill Leaders: Novice, Intermediate	"Zouk Hairography for WCS" Darius Zi (All)	"Move Like a Champion" (WSDC Adv+ or permission of the instructor)		
4pm	ProAm Jack & Jill Followers: Novice, Intermediate	"Swivels" (L2) Robin Smith	Newcomer Orientation Session		
5pm	Open Dancing	"Highlights" (L3) Sean & Courtney	"Body Flight First" (L1) Alyssa Gillespie	Discussion: Q&A with Swing Fling co-Director Kay Newhouse	
6pm	"Move to the Music" (L2/3) Gary & Susan	Advanced Competitors Workshop Rob Glover	"Variations on a Push" (L1) Lara & Steve	Community Organizers' Discussion: Curriculum & Instructors (RSVP)	



FRIDAY NIGHT

	Luray Ballroom	Cirrus BCD	Cirrus A (Newcomer Program Room)	Chesapeake Boardroom
7pm	Strictly Swing Nov, Soph, Masters	"Let Your Partner Shine" (L2/3) Lara & Steve	"Social Dance Success" (L1) Kay & Matthew	
8pm	Strictly Swing Int, Adv	Novice Competitors Workshop Stacy & Hugo	<i>Open Dancing with the Newcomers hosted by Canfield Dance Arts (All are welcome!)</i>	Discussion: Q&A with Dance Jam Productions founder & CEO Dave Moldover
9pm	Open Dancing	Intermediate Competitors Workshop Rob Glover	<i>room closed</i>	
10pm	Strictly Swing Open	Midnight food trucks! 		
	West Coast Swing Party till dawn!			

SATURDAY Registration opens at 10am. 11am contest entry deadline for all remaining contests.

	Luray Ballroom	Cirrus BCD	Cirrus A (Newcomer Program)	Chesapeake Boardroom
10am	<i>Closed for Floor Trials</i>	"Movement Integration for Dancers" Katie Bigelow ~ Resilient Westies		Workshop Key: L1 = Fundamental patterns & concepts; foundation. L2 = Patterns & techniques that build on fundamental concepts. Requires fluent recall & application of basic pushes, passes, turns and whips. L3 = Complex patterns or in-depth, detailed technique refinement. Extensive prior knowledge and extended workshop experience recommended.
11am	"Starting from Nothing" (L2/3) Ben & Victoria	Newcomer Jack & Jill Contest Warmup with Kay & Matthew	-Separately Ticketed Session- "BOOM! Styling to the Music" PJ & Tashina (WSDC Int+ or permission)	
noon	Jack & Jill Newcomer, Novice	"Solving Pain with Movement Strategy" Back in Balance Bodywork		
1pm		"One Foot Spins" (L2/3) Flore & Philippe		
2pm	Jack & Jill Sophisticated, Masters	"Balance Drills" (All) Flore & Philippe	<i>Open for Private Lessons</i>	
3pm	Jack & Jill Intermediate, Advanced	"Tiny Moves" (L2/3) Gary & Susan	"Change That Move" (L1) Trendlyon & Marcus	
4pm		"Dance to the Music" (L3) Trendlyon & Marcus	"Interesting Anchors" (L1) Debbie Tuttle-Steffanina	
5pm	Jack & Jill Switch It Up	"Styling" (L2) Sean & Courtney	<i>Open Dancing hosted by Margie & Jung</i>	
6pm	<i>Closed for Floor Trials</i>	"Advanced Technique for Spins & Turns" (L3) Lemery & Greg	"Spins & Turns Foundation" (L1/2) Anne Fleming	Community Organizers' Meetup Social (Lobby)

SATURDAY NIGHT

7pm	Ballroom Opens	"Syncopations" (All) Robert Cordoba	"Zouk 101" (L0) Guigo Sortica	
8pm	Rising Star Routines	"International Rally/Flashmob" Debbie Tuttle-Steffanina	<i>room closed</i>	
9pm	Superstar Show	<i>room closed</i>		
10:30	Champions Jack & Jill	Midnight food trucks! 		
then	West Coast Swing Party till dawn!			

SUNDAY Registration opens at 10am.

	Luray Ballroom	Cirrus BCD	Cirrus A (Newcomer Program)	Chesapeake Boardroom
10am	<i>Closed for Floor Trials</i>	Capoeira Meetup Daniel & Sasha		
11am	"Pop Moves" (L3) Sean & Courtney	"Neutral, Not Boring" (L2) Bonnie & Jerome	-Separately Ticketed Session- "Partnership for Social Dancing" Ben & Victoria	Discussion: Q&A with Champions Gary & Susan
noon	ProAm Spotlight	Jack & Jill Finalist Warm Up		
1pm	Jack & Jill Finals (in this order) Newcomer, Novice, Soph, Masters, Int, Adv		"Last Moves" (L1) Alyssa Gillespie	Discussion: Q&A with Lia & Helen
2pm			"Windmills" (L3) Lara & Steve	Newcomer Program Closing Session
3pm		"Proper Push & Pull" (L2) Bonnie & Jerome	<i>AllStar J&J Warmup</i>	
4pm	AllStar Jack & Jill			
5pm	JT Swing Teams			
7pm	Sunday Night Dancing at the hotel! →	"One Last Thing" (All) Patty Vo		
8pm		West Coast Swing Party till dawn!		